



People & Solutions, Inc.

A Newsletter

March 2004

*A Publication of People & Solutions, Inc., 108 Tanager Cr., Greer, SC 29650-3108
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Issue 02

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Volume 02

**The best time for you to hold
your tongue is the time you
feel you must say something
or burst.**

--Josh Billings

SEVEN STEPS TO HAPPINESS

INVEST YOURSELF IN CLOSENESS

Setting priorities for loved ones should be number one.

WORK HARD AT WHAT YOU WANT!

Your work should be meaningful and fulfilling.

BE HELPFUL

Plant a shade tree under which you may never sit.

MAKE THE PURSUIT OF HAPPINESS A PRIORITY

Discover what makes you happy & take time for it.

ENERGIZE YOURSELF

Pick a sport and play it--walk, run, or play.
Fitness is one key to enjoying your happiness.

ORGANIZE, BUT STAY LOOSE

Don't get so wrapped up in your schedule that you forget to be spontaneous.

STEADY AS SHE GOES

Always strive for a sense of perspective,
Bend with the wind--Don't break!

AN ODE TO SUCCESS

Perhaps there should be a point in our working life where we feel our contributions have been such that we are entitled to take it easy from that point on.

Maybe there should be, but we doubt it.

The minute we start to relax on the oars, we begin to lose our value. Someone else, with more drive and ambition, could step in and do a better job in our place.

Let's face it, what we accomplished yesterday is water over the dam. More important is what we can do today and tomorrow.

When the things we did yesterday and last year are more important than our ambitions for tomorrow and next year, it's time to let someone else take over.

This may seem like a hard, unfeeling way to look at things, but isn't it the truth? You can't win today's game on last week's press clippings. No success is final...no success lasts forever.

People who enjoy success have a plan to keep on succeeding. As each goal is achieved, they must look for a new one and keep on scrambling.

That's what keeps life interesting!

When you feel you've "got it made," watch out!
It's the first step towards setting back into a pleasant and convenient rut. People who have it made are only one step away from has-beens!

Author Unknown

Grant me the serenity
to accept the things I
cannot change;

The courage to change
the things I can;

and

The wisdom to hide the
bodies of those people I
had to kill because they
pushed me too far.

Author Unknown