



# *People & Solutions, Inc.*

*A Newsletter*

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The Roman philosopher and Statesman, Cicero said  
some 2000 years ago and it is still true today.

## *The Five Mistakes of Man*

1. The delusion that personal gain is made by crushing others.
2. The tendency to worry about things that cannot be changed or corrected.
3. Insisting that a thing is impossible because we cannot accomplish it.
4. Refusing to set aside trivial preferences.
5. Neglecting the development and refinement of the mind, and not acquiring the habit of reading and studying.

# ***“HOW TO KEEP PEOPLE, PAPER, & PRESSURE FROM GETTING THE BEST OF YOU”***

## **What Couples Argue About The Most**

1. Money/partner's spending habits.
2. Which TV show to watch.
3. Too little time spent together.
4. How to discipline the children.
5. How the house is kept.
6. Leisure time.
7. How to spend vacation time.
8. Which friends to see.

(Note: 21% of American couples keep separate bank accounts.)

Are you Normal?

*By: Bernice Kanner*

# ***“ACHIEVING EXCELLENCE WITH PEOPLE”***

## ***Being Yourself***

“Never lose sight of this important truth; that no one can be truly great until he has gained a knowledge of himself, a knowledge which can only be acquired by occasional retirement.”

*~ Zimmermann*

“Resolve to be thyself; and know that he who finds himself loses his misery.”

*~Matthew Arnold*

# More of What I Have Learned

I've learned that you should never tell a child their dreams are unlikely or outlandish. Few things are more humiliating, and what a tragedy it would be if they believed it.

I've learned that your family won't always be there for you. It may seem funny, but people you aren't related to can take care of you, love you, and teach you to trust people again. Families aren't biological.

I've learned that no matter how good a friend is, they're going to hurt you every once in a while and you must forgive them for that.

I've learned that it isn't always enough to be forgiven by others. Sometimes you have to learn to forgive yourself.

I've learned that no matter how bad your heart is broken, the world doesn't stop for your grief.

I've learned that our background and circumstances may have influenced who we are, but we are responsible for who we become.

## *Kiddy Wisdom*

"Never trust a dog to watch your food."  
Patrick, age 10

"When your dad is mad and asks you, "Do I look stupid?" Don't answer."  
Hannah, age 9

"Never tell your mom her diet isn't working."  
Michael, age 14

"Never pee on an electric fence."  
Robert, age 13

"When your mom is mad at your dad, don't let her brush your hair."  
Taylia, age 11

"Puppies still have bad breath even after eating a Tic-Tac."  
Andrew, age 9

"Never hold a cat and a dust buster at the same time."  
Kyoyo, age 9

"You can't hide a piece of broccoli in a glass of milk."  
Armir, age 8

"When you get a bad grade in school, show it to your mom  
when she's on the phone." Alyesha, age 13

"Never try to baptize a cat."  
Eileen, age 8